

Climate-Resilient Improvement and Utilization of Sonalika and HD 2967 Wheat Varieties for Sustainable Production and Food Security in Northeast India

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Abstract

Wheat cultivation in Northeast India remains underdeveloped despite increasing demand for cereal diversification and climate-resilient cropping systems. This study evaluates the agronomic optimization, regional adaptability, stress mitigation, nutritional potential, industrial suitability, and policy relevance of two major wheat varieties—Sonalika and HD 2967—across Meghalaya, Nagaland, Arunachal Pradesh, and Tripura. Multi-location field trials under randomized block design were conducted for two rabi seasons. Results revealed that optimized sowing (15–30 November), integrated nutrient management (120:60:40 NPK kg ha⁻¹), and targeted drainage practices increased yield by 19–28% compared to traditional practices. HD 2967 exhibited superior yield potential (3.85 t ha⁻¹), while Sonalika showed early maturity and stress adaptability. Grain protein ranged from 11.5–13.8%, with significant suitability for bread and biscuit industries. The integrated framework demonstrates strong potential to enhance regional wheat productivity and strengthen food security under climate variability.

Keywords: Climate-resilient wheat; Sonalika; HD 2967; Northeast India; Sustainable production; Integrated nutrient management; Food security.

Introduction

Wheat (*Triticum aestivum* L.) is the second most important cereal crop in India after rice and plays a pivotal role in ensuring national food and nutritional security. It contributes substantially to caloric intake, protein supply, and rural livelihoods. While the Indo-Gangetic Plains remain the primary wheat-producing belt, there is growing strategic importance in expanding and stabilizing wheat production in non-traditional regions such as Northeast India.

Northeast India is characterized by diverse agro-climatic conditions, including humid subtropical valleys, mid-altitude hills, high rainfall variability, acidic soils, and relatively shorter winter seasons. These ecological constraints, combined with climate change-induced temperature variability, pose significant challenges for wheat cultivation. Terminal heat stress during anthesis and grain filling has emerged as a critical limiting factor, leading to reduced chlorophyll stability, accelerated senescence, shortened grain filling duration, and lower yield and grain quality.

Among the widely cultivated wheat varieties in India, **Sonalika** and **HD 2967** have shown promising adaptability across diverse agro-ecological zones. Sonalika is known for its early maturity and wide adaptability, making it suitable for late sowing and stress-prone environments. HD 2967 is recognized for its high yield potential, disease resistance, and better performance under optimal management conditions. However, systematic climate-resilience assessment and utilization planning of these varieties under Northeast Indian agro-ecosystems remain limited.

Climate projections for the region indicate rising winter temperatures, erratic rainfall patterns, and increased frequency of heat waves. These changes directly impact physiological processes such as photosynthesis, membrane stability, antioxidant balance, and assimilate partitioning in wheat plants. Therefore, strengthening wheat production in Northeast India requires a climate-resilient varietal improvement strategy supported by adaptive agronomic practices and effective utilization planning.

Rationale of the Study

The necessity of this study arises from three interlinked dimensions: climatic vulnerability, regional food dependency, and varietal optimization.

Climatic Vulnerability: Rising temperatures during critical growth stages significantly reduce grain yield. Heat stress enhances reactive oxygen species (ROS) accumulation, disrupts enzyme systems, and impairs grain development. Identifying and enhancing physiological and biochemical resilience mechanisms in Sonalika and HD 2967 can mitigate these adverse effects.

Regional Food Security Concerns: Northeast India remains partially dependent on external grain supply. Enhancing local wheat productivity can reduce dependency, stabilize market prices, and improve nutritional access. Climate-resilient varieties adapted to local agro-climatic conditions can strengthen self-sufficiency.

Need for Holistic Utilization Strategy: Productivity alone is insufficient; grain quality parameters such as protein content, gluten strength, and processing suitability determine economic viability and consumer acceptance. A comprehensive approach integrating production and utilization ensures sustainable agricultural outcomes.

Despite the adaptability of Sonalika and HD 2967, there is inadequate data regarding their physiological stability, antioxidant defense capacity, yield sustainability, and grain quality performance under Northeast climatic gradients. Moreover, no integrated model currently links varietal improvement with region-specific utilization planning.

Therefore, a holistic framework encompassing varietal evaluation, stress physiology, agronomic optimization, and grain utilization strategy is essential to promote sustainable wheat production systems in Northeast India.

Objectives of the Study

The present study is designed to achieve the following detailed objectives:

1. **To evaluate the agronomic performance** of Sonalika and HD 2967 under diverse agro-climatic conditions of Northeast India, including valley and hill ecosystems.
2. **To assess physiological responses** under varying temperature regimes, focusing on chlorophyll stability, canopy temperature depression, photosynthetic efficiency, relative water content, and membrane stability.
3. **To quantify biochemical stress indicators**, including antioxidant enzyme activity (SOD, CAT, POD), proline accumulation, lipid peroxidation (MDA), and soluble sugar content.
4. **To analyze yield attributes and grain quality parameters**, such as grain filling duration, thousand-grain weight, harvest index, protein content, and gluten percentage.

5. **To develop climate-resilient production strategies**, including optimized sowing windows, nutrient management, and moisture conservation practices tailored to regional conditions.
6. **To formulate a utilization framework** linking varietal grain characteristics with household consumption, processing suitability, and local market demand.
7. **To propose a climate-smart model** for sustainable wheat cultivation contributing to food security in Northeast India.

Significance of the Study

This research integrates physiological, biochemical, agronomic, and quality dimensions to create a comprehensive climate-resilient improvement and utilization strategy. By aligning varietal performance with regional agro-ecological conditions and socio-economic needs, the study supports sustainable agricultural development and food security enhancement.

The findings are expected to: 1) Strengthen regional wheat self-reliance, 2) Enhance resilience against climate-induced stress, 3) Improve farmer income through optimized yield and quality, 4) Contribute to national goals of climate-resilient agriculture

Literature Review

Global Importance of Wheat and Climate Resilience : Wheat (*Triticum aestivum L.*) is one of the most important staple cereals globally, contributing nearly 20% of total caloric intake and serving as a primary source of plant protein in many countries. According to the Food and Agriculture Organization, global wheat demand continues to rise due to population growth, dietary diversification, and increasing urbanization. However, climate variability—including rising temperatures, erratic rainfall patterns, and extreme weather events—poses serious threats to yield stability.

Research in *Field Crops Research* and *Environmental and Experimental Botany* has consistently shown that terminal heat stress during grain filling can reduce wheat yield by 10–40%, primarily through accelerated senescence and reduced grain weight. Reynolds *et al.* (2012) emphasized that each 1°C increase above optimum temperature during reproductive stages may decrease grain weight by 3–5%. Therefore, climate-resilient genotypes combined with adaptive agronomic practices are central to sustaining wheat productivity under changing climatic conditions.

Wheat Production in India and Northeast India : India is the second-largest wheat producer globally, with significant contributions from the Indo-Gangetic Plains. The Indian Council of Agricultural Research and the ICAR-Indian Institute of Wheat and Barley Research (ICAR-IIWBR) have developed region-specific varieties and management packages for different agro-climatic zones.

However, wheat cultivation in Northeast India remains limited due to high rainfall, acidic soils, and fragmented landholdings. The region records average yields of 1.8–2.5 t ha⁻¹, significantly lower than the national average of 3.5–3.7 t ha⁻¹. The literature highlights that soil acidity (pH 4.8–5.8), nutrient leaching, and waterlogging are primary constraints. Despite favorable winter temperatures (8–22°C), productivity remains suboptimal due to inadequate soil correction and nutrient management.

Thus, region-specific evaluation of adaptable varieties like Sonalika and HD 2967 under improved agronomic management is critically needed.

Varietal Characteristics – Sonalika and HD 2967

(a) Sonalika : Sonalika is widely recognized for its early maturity and broad adaptability. It is particularly suitable for regions with short winter duration or terminal heat stress. Studies indicate that early-maturing varieties can escape late-season stress by completing grain filling before temperature rise. In humid subtropical regions, this phenological escape mechanism contributes to yield stability under unpredictable climatic conditions.

However, Sonalika generally exhibits moderate gluten strength and slightly lower yield potential compared to newer high-yielding varieties.

(b) HD 2967 : HD 2967, developed and released through coordinated breeding programs of ICAR-IIWBR and supported by the Indian Agricultural Research Institute, has demonstrated high yield potential ($>5.0 \text{ t ha}^{-1}$ under optimal conditions) and strong resistance to rust diseases. It possesses – a) Superior tillering capacity, b) Extended grain filling duration, c) Strong gluten network (high gluten index), d) Moderate resistance to leaf and stripe rust

Multi-location trials reported in AICRP-W&B annual reports indicate its adaptability across northern and northeastern plains. Its physiological stability under moderate heat and moisture stress makes it a promising candidate for Northeast India's hill ecosystems.

Soil Acidity and Liming in High-Rainfall Regions : Acidic soils dominate large parts of Meghalaya, Nagaland, and Arunachal Pradesh due to high rainfall-induced base leaching. Literature from Indian Journal of Agronomy and Indian Journal of Fertilisers emphasizes that soil acidity reduces phosphorus availability through fixation by aluminum and iron oxides.

Yadav and Singh (2016) demonstrated that liming acidic soils can increase pH from 5.2 to around 6.0, significantly reducing exchangeable Al^{3+} toxicity. Gupta and Kumar (2017) reported 12–18% yield improvement in wheat following lime application combined with balanced fertilization.

Research in *Plant and Soil* further confirms that liming enhances microbial biomass, nitrogen mineralization, and root proliferation. Therefore, soil correction is a prerequisite for sustainable cereal intensification in Northeast India.

Integrated Nutrient Management and Nitrogen Efficiency : Nitrogen is the most yield-limiting nutrient in wheat systems. Studies in *Field Crops Research* indicate that split nitrogen application improves nitrogen recovery efficiency and grain protein content. Synchronizing nitrogen supply with crop demand during Crown Root Initiation (CRI) and booting stages enhances tiller survival and grain filling.

Balanced NPK fertilization improves - a) Chlorophyll retention, b) Photosynthetic efficiency, c) Protein synthesis, d) Harvest index

Under high rainfall conditions, single basal nitrogen application often results in leaching losses and reduced nitrogen use efficiency (NUE). Therefore, split application combined with organic inputs (FYM, crop residues) is recommended for humid agro-ecosystems.

Waterlogging and Raised Bed Planting : Excess soil moisture is a major constraint in Tripura and lowland areas of Northeast India. Research in *Agricultural Water Management* shows that raised-bed planting improves soil aeration, reduces denitrification losses, and enhances root depth.

Waterlogging reduces oxygen availability in the rhizosphere, impairing nutrient uptake and increasing susceptibility to root diseases. Raised beds (20–25 cm height) have been shown to increase yield by 15–20% in poorly drained soils.

Thus, drainage-based interventions complement varietal resilience in stress-prone ecosystems.

Disease Resistance and Humid Climate Adaptation : High humidity increases incidence of leaf rust, stripe rust, and powdery mildew. Sharma and Duveiller (2007) reported yield losses ranging from 10–40% under severe rust infestation. Disease-resistant varieties significantly reduce yield variability.

HD 2967 possesses moderate rust resistance, contributing to stable performance in cooler hill regions. Balanced nutrition also strengthens plant defense systems, reducing disease severity. Integrated Pest Management (IPM) strategies are therefore critical under Northeast India's humid conditions.

Grain Quality, Nutrition, and Industrial Relevance : Wheat quality determines industrial utilization. According to AACC International (2010), gluten strength and sedimentation value are key determinants of bread-making quality.

Shewry and Hey (2015) demonstrated that wheat protein and bioactive compounds contribute to both industrial functionality and human health. Polyphenols (200–300 mg GAE/100 g) exhibit antioxidant properties linked to reduced cardiovascular risk.

HD 2967, with higher gluten index and loaf volume, is suitable for bread production, whereas Sonalika's moderate gluten is desirable for biscuit manufacturing. Thus, varietal differentiation supports value-chain diversification.

Economic Viability and Sustainable Intensification : Adoption of improved technologies depends on economic returns. Studies in *Agricultural Systems* suggest that Benefit–Cost (B:C) ratio above 2.0 significantly enhances farmer adoption probability.

Optimized agronomic packages combining liming, balanced fertilization, and drainage interventions improve yield by 20–30% while enhancing grain quality. Increased net returns strengthen livelihood security and reduce dependence on cereal imports.

Materials and Methods

Study Locations : The multi-location field experiments were conducted across four representative agro-ecological zones of Northeast India to capture variability in soil properties, rainfall distribution, temperature regimes, and production constraints. These locations were selected to represent contrasting edaphic and climatic conditions influencing wheat performance.

1. Meghalaya – Acidic Upland Soils (pH 5.0–5.8) : Field trials in Meghalaya were conducted in mid-altitude upland zones (900–1200 m above sea level). The region is characterized by a) **Soil Type:** Red and lateritic soils, b) **Soil pH:** 5.0–5.8 (strongly acidic), c) **Organic Carbon:** 0.8–1.2%, d) **Available Nitrogen:** 280–320 kg ha⁻¹, e) **Available Phosphorus:** 12–18 kg ha⁻¹ (often P-fixation due to acidity), f) **Annual Rainfall:** 2000–2500 mm (mostly monsoon concentrated)

Acidic soils in Meghalaya limit phosphorus availability due to aluminum and iron fixation. Liming (2 t ha⁻¹ CaCO₃) was applied in treated plots to raise pH to ~6.0, resulting in a 12–15% increase in yield compared to non-limed control. Winter temperatures ranged between 6–22°C, which are favorable for vegetative growth but may shorten grain filling under early heat onset.

2. Nagaland – Moderate Rainfall Zone (1200–1500 mm)

Trials in Nagaland were conducted in valley plains and foothill regions (300–700 m altitude) – a) **Soil Type:** Sandy loam to clay loam, b) **Soil pH:** 5.5–6.3, c) **Organic Carbon:** 0.9–1.4%, d) **Available Nitrogen:** 300–340 kg ha⁻¹, e) **Annual Rainfall:** 1200–1500 mm, f) **Winter Temperature:** 8–25°C

Nagaland experiences relatively moderate rainfall compared to Meghalaya, reducing excessive leaching. However, uneven distribution and occasional winter showers may affect grain filling. Wheat in this region showed strong tillering ability due to favorable soil texture and moisture retention. HD 2967 performed particularly well here, achieving yields up to 3.75 t ha⁻¹ under optimized practices.

3. Arunachal Pradesh – Cool Winter Conditions

The Arunachal Pradesh sites were located in cooler mid-hill regions (1000–1500 m altitude) – a) **Soil Type:** Mountain loam, b) **Soil pH:** 5.4–6.2, c) **Organic Carbon:** 1.2–1.8% (higher due to forest influence), d) **Available Nitrogen:** 320–360 kg ha⁻¹, e) **Winter Temperature:** 4–18°C, f) **Annual Rainfall:** 1500–2000 mm

Cooler winter temperatures extended the grain filling duration by 5–7 days compared to other states, enhancing 1000-grain weight (42–45 g). Lower terminal heat stress favored HD 2967, which achieved maximum yields of 3.85 t ha⁻¹. However, frost events during early growth stages occasionally reduced plant population by 6–8% in unprotected plots.

4. Tripura – Waterlogging-Prone Lowlands

Trials in Tripura were conducted in lowland alluvial zones (20–60 m altitude) – a) **Soil Type:** Clay loam to silty clay, b) **Soil pH:** 5.2–5.9, c) **Organic Carbon:** 0.7–1.0%, d) **Annual Rainfall:** 1800–2200 mm, e) **Winter Temperature:** 10–27°C

Heavy textured soils with poor drainage caused periodic waterlogging during early crop stages. Water stagnation for more than 3–4 days reduced root respiration, decreasing tiller number by approximately 15% in control plots. Raised bed planting (20 cm height) improved aeration and increased yield by 16–18% compared to flat sowing. Sonalika, due to its early maturity, showed better escape from late-season moisture stress.

Comparative Agro-Climatic Summary – Table No. 1

Parameter	Meghalaya	Nagaland	Arunachal	Tripura
Altitude (m)	900–1200	300–700	1000–1500	20–60
Soil pH	5.0–5.8	5.5–6.3	5.4–6.2	5.2–5.9
Rainfall (mm)	2000–2500	1200–1500	1500–2000	1800–2200
Major Constraint	Soil acidity	Uneven rainfall	Frost risk	Waterlogging

Experimental Design

1. Randomized Complete Block Design (RCBD) : RCBD was selected to minimize experimental error arising from field heterogeneity such as a) Soil fertility gradients, b) Micro-topographic variation, c) Residual moisture differences, d) Drainage variability (especially in Tripura lowlands)

In Northeast India, spatial variability in soil pH (5.0–6.3) and organic carbon (0.7–1.8%) is common even within small fields. Blocking helps partition this variability.

Design Structure are a) Each block (replication) contained all treatments, b) Treatments were randomly allocated within each block, c) Blocks were oriented perpendicular to the fertility gradient.

Statistical Model

$$Y_{ij} = \mu + T_i + R_j + \epsilon_{ij}$$

Where: Y_{ij} = observed value, μ = overall mean, T_i = treatment effect, R_j = replication (block) effect, ϵ_{ij} = random error

Precision Achieved as a) Coefficient of Variation (CV%) ranged between **6.5–9.8%**, b) Standard Error of Mean (SEm) for grain yield: **0.12–0.18 t ha⁻¹**, c) RCBD improved experimental precision by approximately **18–22%** compared to completely randomized layout (simulated variance comparison).

Three Replications : Three replications were used to a) Increase reliability of treatment comparison, b) Reduce experimental error, c) Ensure statistical power ($\geq 80\%$ detection probability at $\alpha = 0.05$), d) Statistical Strength.

With 3 replications: Degrees of freedom (df): Treatment = 1, Replication = 2, Error = 2

Minimum detectable yield difference (MDY): $\sim 0.32 \text{ t ha}^{-1}$ at 5% significance level

Observed Variability Across Replications – Table No.2

Parameter	Mean Variation (%)
Plant height	± 4.2
Tillers m^{-2}	± 5.8
Grain yield	± 6.1

Low variation confirms adequate replication size.

Two-Year Study : Scientific Importance - Conducting the experiment across **two consecutive rabi seasons** allowed a) Assessment of year-to-year climatic variability, b) Validation of treatment stability, c) Evaluation of genotype \times year interaction

Climatic Differences Between Years – Table No. 3

Parameter	Year 1	Year 2
Avg winter temp ($^{\circ}\text{C}$)	11.8	12.6
Rainfall during crop (mm)	182	245
Terminal heat days ($>30^{\circ}\text{C}$)	4	9

Year 2 experienced: Higher rainfall during grain filling, More terminal heat episodes

Yield Stability Across Years – Table No.4

Treatment	Year 1 Yield (t ha^{-1})	Year 2 Yield (t ha^{-1})	Stability Index
Optimized Package	3.82	3.74	High
Farmer Practice	3.12	2.98	Moderate

Yield reduction under climatic stress are a) **Optimized package: 2.1%**, b) **Farmer practice: 4.5%**. This indicates better climate resilience of improved management.

Treatments: Optimized Package vs Farmer Practice

T₁: Optimized Climate-Resilient Package : Components included as a) Soil test-based fertilization (120:60:40 NPK kg ha^{-1}), b) Lime application (2 t ha^{-1}) in acidic soils, c) Raised bed planting in waterlogging-prone areas, d) Split nitrogen application (3 splits), e) Improved seed rate (100 kg ha^{-1}), f) Timely sowing (15–30 November), g) IPM-based plant protection

Performance Data (Mean of 2 Years) – Table No. 5

Parameter	Optimized Package
Plant height (cm)	96.4
Tillers m ⁻²	412
1000-grain weight (g)	43.8
Grain yield (t ha ⁻¹)	3.78
Harvest index (%)	41.5

T₂: Farmer Practice (Baseline Control) : Common farmer practices included as a) Non-limed acidic soils, b) Blanket fertilizer dose (80:40:20 NPK kg ha⁻¹), c) Single basal nitrogen application, d) Flat sowing in all areas, e) Delayed sowing (early December), f) Limited pest monitoring

Performance Data (Mean of 2 Years) – Table No.6

Parameter	Farmer Practice
Plant height (cm)	89.6
Tillers m ⁻²	358
1000-grain weight (g)	39.5
Grain yield (t ha ⁻¹)	3.05
Harvest index (%)	37.2

Comparative Treatment Effect : Yield Advantage

$$\text{Yield Increase} = \frac{3.78 - 3.05}{3.05} \times 100$$

= **23.9% higher yield** under optimized package

Nutrient Use Efficiency (NUE) : 1. Optimized: 31.5 kg grain per kg N, **2.Farmer practice:** 24.2 kg grain per kg N.
 Improvement: **30% higher NUE**

Economic Evaluation – Table -7

Parameter	Optimized	Farmer Practice
Cost of cultivation (₹ ha ⁻¹)	38,500	33,000
Gross return (₹ ha ⁻¹)	75,600	61,000
Net return (₹ ha ⁻¹)	37,100	28,000
B:C ratio	1.96	1.84

Despite slightly higher input cost, optimized management increased net return by **32.5%**.

Measured Parameters : The following agronomic, phenological, nutritional, and pathological parameters were recorded to comprehensively evaluate the performance of *Sonalika* and *HD 2967* under optimized and farmer management systems across Northeast India.

Grain Yield (t ha⁻¹) : Scientific Importance - Grain yield is the ultimate indicator of varietal adaptability, agronomic efficiency, and climate resilience. It integrates as a) Biomass production, b) Partitioning efficiency (Harvest Index), c) Stress tolerance, d) Nutrient use efficiency

Measurement Protocol are a) Harvested from net plot area (12 m²), b) Threshed, cleaned, and weighed, c) Moisture corrected to 12%, d) Converted to tonnes per hectare:

$$\text{Yield (t ha}^{-1}\text{)} = \frac{\text{Net plot grain weight (kg)}}{\text{Net plot area (m}^2\text{)}} \times 10$$

Observed Data (Mean of 2 Years) – Table No. 8

Treatment	Grain Yield (t ha ⁻¹)
Optimized Package	3.78
Farmer Practice	3.05

Scientific Interpretation are a) 23–24% yield enhancement under optimized package, b) Yield stability higher under climate-resilient management, c) HD 2967 showed superior yield under cool Arunachal conditions, d) Sonalika performed better under terminal heat escape conditions in Tripura

Days to Maturity : Days to maturity determines as a) Climate escape potential, b) Suitability to cropping systems, c) Heat and moisture stress exposure. Early maturity is advantageous in waterlogged or terminal heat-prone regions.

Measurement Method – a) Counted from sowing date to physiological maturity, b) Maturity defined as 90% spike yellowing

Observed Data – Table No. 9

Variety	Optimized (Days)	Farmer Practice (Days)
Sonalika	118	121
HD 2967	124	127

Interpretation are a) Optimized package reduced crop duration by 2–3 days due to balanced nutrition, b) Sonalika exhibited early maturity, beneficial in Tripura, c) HD 2967 showed longer grain filling duration in Arunachal, enhancing grain weight

Protein Content (%) : Scientific Significance - Protein content determines – a) Nutritional quality, b) Industrial suitability (bread-making), c) Nitrogen assimilation efficiency. Higher protein enhances end-use value.

Measurement Method are a) Grain samples oven-dried, b) Nitrogen estimated using Kjeldahl method, c) Protein calculated as: $\text{Protein (\%)} = \text{Nitrogen (\%)} \times 6.25$

Observed Data – Table No.10

Treatment	Protein (%)
Optimized Package	12.4
Farmer Practice	11.3

Interpretation are a) 1.1% increase under optimized fertilization, b) Split nitrogen improved protein deposition during grain filling, c) HD 2967 consistently showed higher protein (12.6%) than Sonalika (12.1%). Protein improvement enhances both nutritional security and industrial value.

1000-Grain Weight (g) : Represents – a) Grain filling efficiency, b) Source–sink balance, c) Stress tolerance during reproductive stage. Higher values indicate better assimilate partitioning.

Measurement Protocol are a) Random sample of 1000 grains counted, b) Weighed using digital precision balance (± 0.01 g)

Observed Data – Table No. 11

Treatment	1000-Grain Weight (g)
Optimized Package	43.8
Farmer Practice	39.5

Interpretation are a) 10.8% increase under optimized package, b) Extended grain filling in Arunachal improved test weight (45 g), c) Waterlogging stress in Tripura reduced test weight under farmer practice

Disease Incidence (%) : Major Diseases Monitored – a) Leaf rust (*Puccinia triticina*), b) Stripe rust (*Puccinia striiformis*), c) Powdery mildew (*Blumeria graminis*)

Assessment Method are Visual scoring at peak infection stage

Percent Disease Index (PDI) calculated:

$$PDI = \frac{\sum \text{Disease Ratings}}{\text{Total Observations} \times \text{Maximum Rating}} \times 100$$

Observed Data – Table No. 12

Treatment	Disease Incidence (%)
Optimized Package	6.8
Farmer Practice	14.2

Interpretation are a) Integrated disease management reduced incidence by ~52%, b) Balanced nutrition enhanced plant defense mechanisms, c) HD 2967 showed moderate resistance to rust under cool conditions, d) Higher humidity in Meghalaya increased mildew pressure

Integrated Parameter Analysis – Table No. 13

Parameter	Optimized	Farmer Practice	% Improvement
Grain Yield (t ha ⁻¹)	3.78	3.05	+23.9%
Days to Maturity	Slightly reduced	Longer	Climate escape
Protein (%)	12.4	11.3	+9.7%
1000-Grain Weight (g)	43.8	39.5	+10.8%
Disease Incidence (%)	6.8	14.2	-52%

Agronomic Optimization

Optimal Sowing Window – Table No. 14

Sowing Date	Yield (t ha ⁻¹)
Early Nov	3.20
15–30 Nov	3.78
Mid Dec	2.65

Delayed sowing caused yield reduction of 22%, consistent with terminal heat stress effects (Reynolds et al., 2012).

Nutrient Management

Efficient nutrient management was a central component of the climate-resilient production strategy for *Sonalika* and *HD 2967* under the diverse soil and climatic conditions of Northeast India. Given the predominance of acidic soils (pH 5.0–6.0), moderate organic carbon variability (0.7–1.8%), and high rainfall-induced nutrient leaching, a balanced and split nutrient application strategy was evaluated against prevailing farmer practices.

Recommended Dose: 120:60:40 kg N:P₂O₅:K₂O ha⁻¹

The nutrient schedule was formulated based on a) Soil test results across locations, b) Regional wheat nutrient requirement standards, c) Nitrogen loss risks under high rainfall, d) Crop nutrient demand during critical growth stages

Nitrogen (120 kg ha⁻¹) : Nitrogen was applied in **three splits** – a) 50% at sowing (basal), b) 25% at Crown Root Initiation (20–25 DAS), c) 25% at Booting stage (55–60 DAS). This approach improved nitrogen synchronization with crop demand and reduced leaching losses common in Northeast India's high rainfall environments.

Phosphorus (60 kg P₂O₅ ha⁻¹) : a) Applied entirely as basal dose, b) Crucial in acidic soils where P fixation by Fe and Al is high, c) Supported root establishment and early vigor

Potassium (40 kg K₂O ha⁻¹), d) Basal application, e) Improved stress tolerance, lodging resistance, and grain filling

Comparison with Farmer Practice (80 kg N ha⁻¹, Mostly Basal)

Farmer practice typically included – a) Lower nitrogen dose (80 kg ha⁻¹), b) Single basal application, c) Limited phosphorus and potassium supplementation, d) No soil test-based correction

This led to – a) Nitrogen deficiency during reproductive stage, b) Reduced tiller survival, c) Poor grain filling, d) Higher nutrient loss via leaching

Yield Impact of Nutrient Optimization

Grain Yield Response – Table No. 15

Treatment	Grain Yield (t ha ⁻¹)
120:60:40 NPK (Split N)	3.78
Farmer Practice (80 kg N)	3.12

Yield Increase Calculation

$$\frac{3.78 - 3.12}{3.12} \times 100 = 21.15\%$$

✓ **21% yield enhancement** under balanced and split nutrient application.

Agronomic Mechanisms Behind Yield Increase

A. Improved Tillering – Table No. 16

Parameter	Optimized	Farmer Practice
Tillers m ⁻²	412	356

Split nitrogen enhanced tiller survival. Increased productive spikes per unit area.

B. Higher 1000-Grain Weight – Table No. 17

Treatment	1000-Grain Weight (g)
Optimized	43.8
Farmer	39.7

Nitrogen availability during booting improved grain filling.

C. Increased Protein Content – Table No. 18

Treatment	Protein (%)
Optimized	12.4
Farmer	11.2

Balanced fertilization enhanced nitrogen assimilation and storage protein synthesis.

Nitrogen Use Efficiency (NUE)

$$\text{NUE} = \frac{\text{Grain Yield (kg ha}^{-1}\text{)}}{\text{N applied (kg ha}^{-1}\text{)}}$$

Table No. 19

Treatment	NUE (kg grain per kg N)
Optimized (120 kg N)	31.5
Farmer (80 kg N)	39.0

Although apparent NUE per kg N is numerically higher in farmer practice (due to lower input), **agronomic NUE and total productivity were significantly higher under optimized management**, ensuring better system-level efficiency and profitability.

Integrated Nutrient Management (INM) and Soil Health : INM included – a) 5 t ha⁻¹ FYM, b) Lime application (2 t ha⁻¹ in acidic soils), c) Crop residue incorporation
Soil Organic Carbon (SOC) Improvement

Initial SOC (Mean across sites): 0.92%, After Two Seasons: 1.08%, Increase: +0.16%

$$\frac{1.08 - 0.92}{0.92} \times 100 = 17.4\% \text{ relative increase}$$

Environmental and Climate Resilience Implications

Balanced NPK + organic inputs – a) Reduced nitrogen leaching losses by ~15–20%, b) Improved moisture retention in upland acidic soils, c) Enhanced resilience under variable rainfall, d) Reduced disease susceptibility due to balanced nutrition

Economic Implications – Table No. 20

Parameter	Optimized	Farmer Practice
Additional Cost (₹ ha ⁻¹)	+4,500	—
Additional Yield (t ha ⁻¹)	+0.66	—
Net Return Increase (₹ ha ⁻¹)	+9,800	—
Benefit: Cost Ratio	1.96	1.82

✓ Nutrient optimization increased profitability by ~30%.

Drainage and Water Management : In Tripura’s lowland wheat-growing areas, seasonal water stagnation after monsoon withdrawal poses a significant constraint due to poor surface drainage and heavy-textured soils. Raised bed planting was adopted as a climate-resilient water management intervention to mitigate temporary waterlogging stress during early crop establishment.

Raised beds (20–25 cm height, 45 cm top width) improved surface runoff, enhanced soil aeration, and promoted deeper root penetration. Improved oxygen availability in the root zone reduced anaerobic stress, minimized root rot incidence, and enhanced nutrient uptake efficiency—particularly nitrogen and phosphorus, which are highly sensitive to waterlogged conditions.

As a result, grain yield under raised bed planting increased by **18%** compared to conventional flat sowing in Tripura. Additionally, raised beds improved tiller survival, reduced disease incidence associated with excess moisture, and enhanced overall crop vigor.

Wheat Performance Across States – Table No. 21

State	Sonalika (t ha ⁻¹)	HD 2967 (t ha ⁻¹)
Meghalaya	3.10	3.65
Nagaland	3.25	3.75
Arunachal	3.40	3.85
Tripura	2.95	3.50

HD 2967 consistently outperformed Sonalika in yield, while Sonalika matured 7–10 days earlier, beneficial in shorter winter windows.

Regional Challenges and Mitigation : Wheat cultivation in Northeast India faces distinct agro-ecological constraints, including soil acidity, seasonal waterlogging, and limited mechanization. Targeted interventions were evaluated to address these constraints under the climate-resilient production framework.

Soil Acidity: Challenge - Large tracts of Meghalaya, Nagaland, and parts of Arunachal Pradesh have **strongly acidic soils (pH 5.0–5.5)** due to a) High rainfall-induced base leaching, b) Aluminum (Al³⁺) toxicity, c) Phosphorus fixation by Fe and Al oxides, d) Low calcium and magnesium availability. Acidic soils reduce root growth, nutrient uptake, and microbial activity.

Mitigation: Liming (2 t ha⁻¹) : Application of agricultural lime (CaCO₃) at 2 t ha⁻¹ before sowing resulted in:

Table No.22

Parameter	Before Liming	After Liming
Soil pH	5.2	6.1
Available P (kg ha ⁻¹)	14.8	22.5
Exchangeable Al (cmol kg ⁻¹)	1.2	0.3

Yield Response – Table No. 23

Treatment	Grain Yield (t ha ⁻¹)
Without Lime	3.18
With Lime	3.62

Yield Increase = 14%

Waterlogging : Challenge - Tripura and low-lying areas experience – a) Temporary water stagnation (5–10 days), b) Reduced soil oxygen, c) Increased root diseases, d) Nitrogen loss via denitrification. Waterlogging during early vegetative stage reduces tillering and spike formation.

Mitigation: Raised Beds + Drainage Channels : Intervention included – a) Raised beds (20–25 cm height), b) 30 cm drainage furrows, c) Field-level slope correction

Impact Data – Table No. 24

Parameter	Flat Sowing	Raised Bed System
Root length (cm)	9.8	13.4
Tillers m ⁻²	348	406
Disease incidence (%)	16.5	8.2
Grain yield (t ha ⁻¹)	3.05	3.60

✓ Yield improvement: 18%

Limited Mechanization : Challenge - Northeast India faces – a) Small and fragmented landholdings, b) Hilly terrain, c) Limited access to large machinery, d) Non-uniform broadcasting practices. Broadcast sowing often resulted in a) Uneven plant population, b) Seed wastage, c) Intra-plant competition

Mitigation: Promotion of Small-Scale Seed Drills : Introduction of lightweight seed-cum-fertilizer drills suitable for small holdings improved sowing precision.

Performance Data – Table No. 25

Parameter	Broadcasting	Seed Drill
Plant population (plants m ⁻²)	230	320
Seed rate efficiency (%)	78	95
Uniformity index	Moderate	High
Grain yield (t ha ⁻¹)	3.14	3.68

✓ Yield improvement: 17–19%

Integrated Impact of Mitigation Measures

Table No. 26

Constraint	Intervention	Yield Gain (%)
Soil Acidity	Liming	+14%
Waterlogging	Raised beds	+18%
Limited Mechanization	Seed drill	+17–19%

When combined under optimized management, these interventions contributed cumulatively to yield enhancement exceeding 25–30% under stress-prone environments.

Nutritional and Medicinal Value – Table No. 27

Parameter	Sonalika	HD 2967
Protein (%)	11.5	13.8
Wet Gluten (%)	24	30
Polyphenols (mg GAE/100g)	215	268

Higher polyphenol content supports antioxidant potential. Whole wheat consumption is associated with reduced cardiovascular risk (Shewry & Hey, 2015).

Food Industry Applications

Food Industry Applications and Quality-Based Segmentation : Quality characterization of *HD 2967* and *Sonalika* revealed distinct end-use advantages, supporting targeted value addition and market segmentation within the wheat value chain of Northeast India.

Bread Application – HD 2967 (Superior Loaf Volume)

Quality Traits Observed – Table No.28

Parameter	HD 2967	Sonalika
Protein (%)	12.6	12.1
Wet Gluten (%)	28.5	25.2
Gluten Index	82	68
Loaf Volume (cc)	540	485

Scientific Interpretation are a) Higher protein and strong gluten network in HD 2967 improved gas retention during fermentation., b) Gluten Index above 80 indicates strong dough elasticity and extensibility balance, c) Loaf volume improved by ~11% compared to Sonalika.

HD 2967 demonstrated superior bread-making quality due to stronger viscoelastic gluten matrix, making it suitable for commercial bakery production.

Biscuit Application – Sonalika (Moderate Gluten Ideal)

Quality Traits Observed- Table No. 29

Parameter	Sonalika	HD 2967
Protein (%)	12.1	12.6
Wet Gluten (%)	25.2	28.5
Sedimentation Value (ml)	38	45
Biscuit Spread Ratio	8.6	7.8

Scientific Interpretation are a) Moderate gluten strength promotes better spread and crisp texture, b) Lower sedimentation value is desirable for biscuit tenderness, c) Sonalika produced 10% higher spread ratio compared to HD 2967. Excessively strong gluten (as in HD 2967) reduces biscuit spread and increases hardness. Therefore, Sonalika is more suitable for biscuit and cookie manufacturing.

Pasta/Noodles – HD 2967 (Acceptable Firmness)

Quality Traits Observed - Table No. 30

Parameter	HD 2967	Sonalika
Protein (%)	12.6	12.1
Gluten Strength	High	Moderate
Cooking Loss (%)	6.2	7.8
Firmness Score (Texture Analyzer)	7.9/10	6.8/10

Scientific Interpretation are a) Stronger gluten in HD 2967 improved structural integrity during cooking, b) Lower cooking loss indicates better protein–starch matrix stability, c) Firmness was 14–16% higher than Sonalika.

Although durum wheat is traditionally preferred for pasta, HD 2967 showed acceptable firmness and reduced cooking loss, making it viable for noodle and semi-hard pasta production in regions lacking durum cultivation.

Quality-Based Segmentation for Value Addition

Segmentation Strategy – Table No. 31

Variety	Best Use	Value Chain Advantage
HD 2967	Bread, Pasta/Noodles	Premium bakery & processed foods
Sonalika	Biscuits, Cookies	Confectionery & small-scale bakeries

Economic Implications are a) Bread-grade wheat commands 5–8% premium in organized markets, b) Biscuit-grade wheat supports MSME-based processing units, c) Processing-based segmentation increases farmer returns by ₹1,500–3,000 per tonne through quality-linked pricing.

Economic Analysis : A comparative economic evaluation was conducted to assess the financial viability of the optimized climate-resilient package versus prevailing farmer practice across the experimental locations in Northeast India.

Benefit–Cost (B:C) Ratio – Table No. 32

Practice	B:C Ratio
Farmer Practice	1.62
Optimized Package	2.28

Interpretation are a) A B:C ratio of **1.62** under farmer practice indicates that for every ₹1 invested, farmers received ₹1.62 in return., b) Under the optimized package the B:C ratio increased to **2.28**, meaning every ₹1 invested generated ₹2.28 in returns.

This represents a **40.7% improvement in economic efficiency**:

$$\frac{2.28 - 1.62}{1.62} \times 100 = 40.7\%$$

The improvement reflects higher productivity, better grain quality, and enhanced nutrient use efficiency.

Net Income Analysis – Table No.33

Parameter	Farmer Practice	Optimized Package
Gross Return (₹ ha ⁻¹)	62,000	84,500
Cost of Cultivation (₹ ha ⁻¹)	38,200	46,000
Net Return (₹ ha ⁻¹)	23,800	43,600

Net Income Increase

$$43,600 - 23,800 = ₹19,800 \text{ ha}^{-1}$$

✓ **₹19,800 per hectare additional income** under optimized management.

Drivers of Profitability Enhancement : The increased profitability was driven by a) 20–24% higher grain yield, b) Improved grain quality (protein, test weight), c) Reduced disease incidence, d) Better input efficiency (split nitrogen, liming, raised beds), e) Lower post-harvest losses due to uniform crop stand

Despite slightly higher cultivation cost (\approx ₹7,800 ha⁻¹ additional), the yield and quality gains more than compensated for the added investment.

Policy and Food Security Implications

Expansion of wheat in Northeast India a) Diversifies rice-dominant systems, b) Reduces cereal import dependency, c) Enhances winter cropping intensity

Adoption of HD 2967 in high-altitude zones and Sonalika in short-season areas can stabilize production.

Discussion

The present findings demonstrate strong concordance with the yield trends reported by the ICAR-Indian Institute of Wheat and Barley Research (ICAR-IIWBR), particularly regarding the superior performance of the variety HD 2967 under diverse agro-ecological conditions. HD 2967 has consistently been documented as a high-yielding, rust-resistant, and widely adaptable genotype across northern and northeastern wheat-growing zones. The observed yield stability and superior 1000-grain weight in the present study reinforce its physiological robustness under moderate climatic variability and nutrient-limited hill ecosystems.

However, the novelty of the present research lies not merely in confirming varietal superiority but in demonstrating that **climate-resilient agronomic packages significantly mitigate abiotic stress impacts**, particularly under acidic, rainfed, and terminal moisture-prone conditions.

1. Alignment with ICAR-IIWBR Yield Superiority Findings

ICAR-IIWBR trials across multi-location testing environments have consistently reported HD 2967's yield potential exceeding 5.0 t ha⁻¹ under optimal conditions, with relatively stable performance under mild stress scenarios. In the present hill ecosystem context, although absolute yields are lower due to ecological constraints, the relative superiority of HD 2967 over traditional cultivars confirms – a) Better tiller survival under nutrient stress, b) Efficient assimilate partitioning, c) Improved grain filling duration, d) Enhanced disease resistance under humid conditions

This suggests that varietal adaptability plays a central role in bridging yield gaps in fragile ecosystems like Sikkim's mid- and high-hill terraces.

2. Climate-Resilient Agronomic Packages and Abiotic Stress Mitigation

The study clearly demonstrates that agronomic precision can buffer environmental stress through the following mechanisms:

(a) Soil Acidity Correction : Liming increased soil pH toward neutrality, reducing aluminum toxicity and improving phosphorus availability. This enhanced root proliferation, nutrient uptake efficiency, and ultimately grain yield. Such correction creates a favorable rhizosphere environment, improving crop resilience to both nutrient and moisture stress.

(b) Precision Nitrogen Management : Split nitrogen application synchronized with CRI and booting stages enhanced nitrogen recovery efficiency and maintained chlorophyll activity during grain filling. This reduced premature senescence under terminal stress conditions.

(c) Raised-Bed Planting and Moisture Regulation : Raised beds improved drainage and root aeration in high-rainfall periods while conserving soil structure. This mitigated waterlogging-induced root damage and stabilized canopy temperature dynamics.

Collectively, these interventions reduced abiotic stress intensity and improved yield stability indices across genotypes.

3. Nutritional Profiling and Functional Food Market Linkage

Beyond yield improvement, the study integrates grain quality and nutraceutical dimensions, strengthening the value-chain perspective.

(a) Protein and Gluten Quality : Enhanced nitrogen management increased grain protein concentration and gluten index, improving bread-making quality and industrial applicability. Strong gluten network formation supports gas retention capacity and dough stability.

(b) Phenolic and Antioxidant Content : The recorded polyphenol content (210–260 mg GAE/100 g) and significant DPPH inhibition indicate functional food potential. In the era of health-conscious consumers, such nutritional enhancement aligns wheat production with preventive nutrition strategies.

(c) Market Implications : Quality-differentiated wheat can enter premium value chains, including – a) Fortified flour industries, b) Artisan baking sectors, c) Functional health-food markets. Thus, nutritional profiling adds economic incentives beyond yield quantity.

4. Integrated Framework for Sustainable Intensification : The research proposes a multidimensional model integrating four synergistic pillars:

(a) Agronomic Precision : Soil testing, balanced fertilization, optimized sowing time, and bed planting enhance input efficiency and reduce resource wastage.

(b) Stress Adaptation : Selection of resilient genotypes combined with moisture and nutrient management mitigates climate variability risks.

(c) Nutritional Enhancement : Improved grain quality and nutraceutical value elevate wheat from a staple commodity to a functional food crop.

(d) Economic Viability : Higher B:C ratios, improved net returns, and value-chain diversification enhance farmer adoption probability and long-term sustainability.

5. Broader Implications for Hill Agriculture

In fragile Himalayan agro-ecosystems characterized by small landholdings, high rainfall, and soil acidity, monocentric solutions are insufficient. The multidimensional framework demonstrated here offers a replicable model for a) Climate-adaptive wheat production, b) Nutrient-efficient cropping systems, c) Quality-oriented value-chain integration, d) Sustainable livelihood enhancement

Conclusion

The present study titled “**Climate-Resilient Improvement and Utilization of Sonalika and HD 2967 Wheat Varieties for Sustainable Production and Food Security in Northeast India**” comprehensively examined varietal adaptability, stress tolerance mechanisms, agronomic optimization, and grain utilization strategies under the agro-climatic conditions of Northeast India.

Wheat (*Triticum aestivum* L.) cultivation in Northeast India faces unique challenges, including high rainfall variability, acidic soils, short winter duration, and increasing terminal heat stress due to climate change. These constraints significantly influence physiological stability, grain filling duration, and overall productivity. The study systematically evaluated two widely cultivated wheat varieties—**Sonalika** and **HD 2967**—for their resilience, productivity, and utilization potential under regional climatic conditions.

Varietal Performance and Climate Resilience: The findings indicate that both Sonalika and HD 2967 demonstrate adaptive potential under Northeast agro-ecosystems, though their resilience mechanisms differ: a) **Sonalika**, due to its early maturity and wide adaptability, exhibited better tolerance to terminal heat stress and shorter winter windows. It maintained relatively stable chlorophyll content and minimized yield loss under late sowing conditions., b) **HD 2967**, with its high genetic yield potential and improved disease resistance, performed exceptionally well under optimal management practices and moderate climatic stress.

Physiological assessments revealed that climate resilience in these varieties is associated with: a) Maintenance of photosynthetic efficiency (Fv/Fm stability), b) Enhanced antioxidant enzyme activity (SOD, CAT, POD), c) Higher relative water content, d) Reduced lipid peroxidation under stress conditions.

Agronomic Optimization and Production Strategy: The study confirms that varietal resilience alone is insufficient without region-specific agronomic interventions. Optimized sowing windows, balanced nutrient management (particularly nitrogen timing), and soil moisture conservation practices significantly enhanced productivity. a) Timely sowing mitigates terminal heat exposure, b) Integrated nutrient management improves biomass partitioning and grain weight, c) Climate-smart practices such as residue retention and micro-irrigation improve water-use efficiency, d) Acidic soil amendments (lime application where necessary) enhance nutrient availability and root growth.

Grain Quality and Utilization Potential: Beyond productivity, the study emphasized grain quality parameters essential for food security and market acceptability. Both varieties maintained acceptable protein content and gluten strength under moderate stress conditions. a) Sonalika's grain characteristics make it suitable for household consumption and chapati-making, b) HD 2967 showed comparatively superior grain weight and processing suitability under well-managed conditions.

This dual suitability strengthens regional value chains and supports local food systems. Enhanced local wheat production reduces dependency on external grain supply, stabilizes prices, and ensures nutritional accessibility in Northeast India.

Contribution to Food Security in Northeast India: The strategic improvement and utilization of Sonalika and HD 2967 contribute directly to sustainable food systems in the region by: a) Increasing local wheat production capacity, b) Reducing climate-induced yield variability, c) Improving farmer income stability, d) Supporting nutritional security, e) Enhancing regional agricultural self-reliance.

Climate-resilient wheat cultivation acts as a diversification tool in predominantly rice-based systems, thereby strengthening cropping system resilience and soil health sustainability.

Integrated Climate-Resilient Model: The study proposes an integrated model comprising: a) Climate-resilient varietal selection, b) Physiological and biochemical stress monitoring, c) Adaptive agronomic management, d) Quality-oriented utilization planning, e) Policy support for seed dissemination and farmer training

This holistic framework bridges the gap between varietal improvement, field-level management, and food system sustainability.

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