

# Insurance as a Social Security Mechanism in India: Constitutional, Legal and Regulatory Perspectives

Anushka Srivastava

Amity University, Noida, India


co-author:

Dr. Gargi Bhadoria, Assistant Professor at Amity Law School.



<https://doi.org/10.55041/ijsm.v2i3.187>

**Cite this Article:** Srivastava, A. (2026). Insurance as a Social Security Mechanism in India: Constitutional, Legal and Regulatory Perspectives. International Journal of Science, Strategic Management and Technology, 02(03). <https://doi.org/10.55041/ijsm.v2i3.187>

**License:**  This article is published under the Creative Commons Attribution 4.0 International License (CC BY 4.0), permitting use, distribution, and reproduction in any medium, provided the original author(s) and source are properly credited.

## Abstract

Insurance has progressively emerged as one of the most significant instruments of social security in India. The situation has gradually developed insurances as one of the most influential social security tools in India. This paper focuses on discussing the complex role of insurance as a social security tool, the constitutional basis, the history, the theoretical background, the regulatory framework, and the experience of having government-sponsored programs. I consider the interface between welfare state theory and insurance-based social protection, evaluate the statutory and judicial environment on the sector, and critically review such flagship schemes as Pradhan Mantri Jeevan Jyoti Bima Yojana, Pradhan Mantri Suraksha Bima Yojana, Ayushman Bharat-Pradhan Mantri Jan Arogya Yojana and Atal Pension Yojana. The paper finds major gaps in awareness and access and equity in the regions and closes with policy suggestions in fortifying insurance based social security in India.

**Keywords:** insurance; Social Security; Welfare State; IRDAI; Constitutional Provisions; Micro-Insurance; Informal Sector; India.

## I. INTRODUCTION

In the modern administration of Indian society, the notion of social security has been broadened and transformed in its slow gestures of limited perceptions of welfare distributed by a state to include a wide array of practices of risk mitigation. Having been traditionally viewed as a privately-oriented financial tool, insurance has been gradually re-framed as a backbone of the social protection system of the country. The legislative pillars, on which this architecture is based, are the Insurance Act, 1938<sup>1</sup> and the Insurance Regulatory and Development Authority Act, 1999.<sup>2</sup>

The large informal economy of India marked by precariously constructed livelihoods and little occupational welfare is a daunting challenge to conventional social security. Article 38<sup>3</sup> and Articles 41 to 44<sup>4</sup> of the Constitution of India unleash the Directive Principles of State Policy providing a positive obligation on the state to provide adequate means of livelihood and to arrange old age and sickness and disablement and unemployment. To a large extent, Article 21 has been widely interpreted by the Supreme Court to encompass the right to access healthcare and social protection as part of the right to life.<sup>5</sup>The schemes based on insurance have been presented and adopted as scalable, cost-efficient solutions that can target the economically vulnerable aspects of the population. The policyholders dissatisfied with substandard services have yet another provision of recourse at consumer protection laws, especially Consumer Protection Act, 2019.<sup>6</sup>The Code on Social Security, 2020<sup>7</sup> is a historic legislative consolidation, as nine core labour laws are condensed into one law and social security responsibility is, for the first time, directly applied to the unorganised, gig, and platform economies workers. The micro-insurance regulation framework issued by the IRDAI<sup>8</sup> also aims to help the population

with low income to gain insurance cover by the means of simplified products and distributors beyond the conventional insurance offerings.

The following are the aims of the research paper: to review the constitutional and historical placed roots of insurance as a social security tool, to analyse theoretical frameworks that resource insurance as a social security tool, to review the administrative and regulatory landscape in which insurance products are constructed, to review the schemes of insurance coverage and implementation results, and resource challenges and policy recommendation that are evidence-based. The methodology of the study is doctrinal and analytical based on the provisions of the Constitution, major laws, the regulations of the IRDAI, the work of the judiciary, governmental reports, and international comparisons.

## II. RESEARCH QUESTIONS

The research questions that will direct the present study include:

1. Is the Indian constitutional system ever a sound normative basis of insurance based social security and to what degree have they really implemented this basis by legislation and judicial interpretation?
2. Which are the major theoretical frameworks such as welfare state theory, risk theory and human rights discourse that locate insurance within the wider architecture of the social protection and how do these considerations manifest themselves in India policy decisions?
3. Does the current legal system and regulations, including the Insurance Act 1938, the IRDAI Act 1999, as well as the Code on Social Security 2020, attain the objectives of universal, equitable and effective insurance based social security?
4. To what extent have the big government-funded insurance programs, Pradhan Mantri Jeevan Jyoti Bima Yojana, Pradhan Mantri Suraksha Bima Yojana, Ayushman Bharat-PMJAY and Pradhan Mantri Pension yojana widely offered social security to vulnerable groups and what do the main barriers to implementation entail?
5. What policy and regulatory mobilizations must be applied to overcome those structural exclusions, regional differences and lack of awareness, which today hinder the actualisation of insurance-based social security on the most marginalized Indian population?

## III. HISTORICAL AND CONSTITUTIONAL EVOLUTION OF INSURANCE AS A SOCIAL SECURITY MECHANISM

The story of Indian insurance is basically divided into three phases. When it was still a colony, it was a pre-independent pre-emptive affair that was restricted to the rich and the business persons. When the state gained independence the state then embarked on a large scale nationalisation of life insurance in 1956 general insurance in 1972<sup>9</sup> as the thinking was that insurance as a social good cannot just be left to the market. Liberalisation followed, when in 2000 the sector was opened up to the private player, the IRDAI was established and a competitive market boom ensued, yet the state continued to maintain a foot in the door in terms of using insurance as a means of social protection.

The Constitution does not expressly say a social security, but the Directive Principles provides that in articles 38, 41, 42 and 43 there is the assertion that the state must afford a decent standard of living, old age, sickness and disability, unemployment and the human working conditions. However, they are not mere symbols - the Supreme Court has applied these articles to expand fundamental rights, in particular Article 21, into the arena of social security.

Things that when placed alongside the welfare-state typology developed by Esping-Andersen<sup>10</sup> including the social democratic, the conservative, and the liberal regime, India does not fit easily into either category. It is a combination of provision by the state, contributory insurance plans and market delivery based on its separate development trajectory and financial limitation. The ILO Social Protection Floor<sup>11</sup> model of a minimum income and a basic services provision offers a helpful marker on how the Indian system of social security through insurance measures compares to the rest of the world.

#### **IV. THEORETICAL FRAMEWORKS: WELFARE STATE, RISK THEORY, AND INSURANCE AS A HUMAN RIGHT**

Social security, in a broad sense, has little to do with anything but all the instruments, public and non-public, contributory and non-contributory, that are supposed to protect individuals and their families when life throws its hiccups. During one of my actuarial science classes, we were told about risk theory, which essentially states that when you diversify personal risks to a large audience, the uncertainty with which a person is dealing is reduced significantly. We talked about how the classic work of Titmuss<sup>12</sup> indicated that insurance is one of the three primary methods that societies deal with social risk, the other two ways being occupational and fiscal welfare.

More recently, insurance is re-designed: it is viewed as a human-rights tool. In effect, acquiring health insurance and other safeguards is now commonly discussed within the context of the right to life and dignity. One of the cases that brought health and social security to the very foundations of rights was a Supreme Court case I discovered involving Article 21. According to Bhattacharya<sup>13</sup>, the history of the legal framework of social security in India has been to lag behind what the constitution guarantees, and insurance-based schemes have attempted-either successfully or otherwise-to fill the gap.

The issue is that we are shifting toward a less-state-based welfare to a more insurance-based one, in part due to the necessity of fiscal restraint and the constraints of the general social provision. Prasad asserts<sup>14</sup> that the period when India started to move to insurance based social security requires a critical examination particularly since market-based insurance might leave behind the most marginalized segments of the population, who may not be willing to pay premiums or even be regarded as uninsurable by actuarial regulations.

#### **V. LEGAL AND REGULATORY FRAMEWORK**

The IRDAI is the highest regulatory organization in the Indian insurance market that the IRDAI Act of 1999 established. Its primary role lies in the protection of the policyholders, leading to the proper development of the market and ensuring financial stability of the insurance companies. The IRDAI possess far-reaching regulatory authority, where it issues regulations in registration, solvency margins, investment limit, and protection of policyholders and design of policies. Annual Report<sup>15</sup> is evidence of the expanding insurability in place, but continues with dire gaps in cover in the social sector.

I believe the involvement of the judiciary in the development of the insurances-based social security is immense. *Consumer Education and Research Centre v. Union of India (1997)*<sup>16</sup> the Supreme Court noted that the right to health was inherent in the right to life, and health insurance received a solid constitutional basis. The social nature of motor vehicle insurance was supported when the Court in *National Insurance Co. Ltd. v. Swaran Singh*<sup>17</sup> established that insurers are required to indemnify against third-party claims against them.

The latest significant change in legislation is the 2020 Code on Social Security. It links the insurance sector to labour law by combining nine labour laws and including unorganised, gig, and platform workers in the coverage. According to the Ministry of Finance data<sup>18</sup>, the enrolment in the schemes supported by the government has increased impressively, but the rate of claim settlement and the awareness of policyholders remain to be low.

Despite all these precautions, however, real issues remain: regulatory arbitrage due to excessive number of statutes and other supervising bodies, ineffective supervision of payments made in claims, and financial illiteracy of the low-income policyholders. The conflict between market efficiency and social equity is obvious, and we should have a more closely knit, pro-poor regulatory policy.

#### **VI. COVERAGE AND IMPLEMENTATION OF GOVERNMENT-SPONSORED INSURANCE SCHEMES**

Hence, the Indian government push in implementing insurance based social security schemes is simply a reaction to a vast social protection issue that also has to operate within a narrow fiscal constraint. Consider Take the Pradhan Mauri Jeevan Jyoti Bima Jeevan Jeevan Yojana (PMJJBY)<sup>19</sup> which provides renewable life-insurance cover of Rs 2 lakh to individuals aged between 18 and 50 at an annual premium of 436, all done through banks. PMSBY<sup>20</sup> however is an

accidental death and disability scheme in which the benefit amounts to Rs 2lakh and is given at only Rs 20 per year and is targeted at the poorer segment of society. Then there to the Ayushman Bharat-Pradhan Mantri Jan Arogya Yojana (AB-PMJAY) <sup>21</sup> that provides the secondary and tertiary hospitalisation to the 107 previously mentioned poor and vulnerable families with an annual coverage of Rs 5, lakh per-family which makes it the largest health-insurance program in the world funded by the government. Lastly, there is the Atal Pension Yojana (APY)<sup>22</sup> which guarantees a monthly pension of between 1000 and 5000 on reaching 60 years old targeting the unorganised sector workers and providing them an incentive of government co-contribution to eligible subscribers.

The real challenge is in the informal sector. Judging by the fact that more than 90% of the Indian workforce in the informal sector is engaged in informal employment, providing meaningful insurance cover to them, indeed, demands completely innovative delivery models. The evaluation of World Bank of social safety nets<sup>23</sup> indicates that digital infrastructure has become significantly both a facilitator and inhibitor of insurance-based social security: the Jan Aadhaar Mobile (JAM) trinity simplifies collecting premises and paying claims, but excludes individuals without bank accounts, identity documents, and mobile-internet connections.

Redressal of grievances is also in chronic poor condition. Insurance Ombudsman is able to deal with the complaints of policy-holders, but it lacks the bureaucratic capability to deal with the mass-disputes of these mass-cover schemes. Regional disparities: enrolment and claim-settlement efficiency under AB-PMJAY in the south and west are higher than in the north and east, as many years of administrative capability gap, presence or absence of banking infrastructure, public education and awareness. The social inequalities are superimposed on the regional inequalities, as the Scheduled Castes, Scheduled Tribes, and women receive less than their proportion of the actual beneficiaries compared to their proportion of the eligible population.

## VII. CRITICAL ANALYSIS AND POLICY RECOMMENDATIONS

The evaluation of the insurance-based social security in India reveals that despite the rising rates in the number of enrolments, the actual contents of the insurance cover, in terms of the actual utilisation of claims, the sufficiency of sum assured, and the ease of accessing hospitals enrolled in the scheme do not match the claims made by the schemes. The fact that the insurance market will shun the most economically marginal makes the situation more problematic since individuals are not financially literate, the claims infrastructure is a maze, and banks and digital infrastructure is not uniform across the regions and social classes of the country.

The analysis reveals the following policy recommendations:

- To begin with, the Code on Social Security, 2020 must be immediately and thoroughly announced and realised, and the priority needs to be given to extending to the unorganised, gig, and platform workers.
- Second, there must be institutionalisation of a Universal Social Protection Floor, which incorporates current insurance plans under one administrative framework in order to remove fragmentation and provide complete coverage of all the following risks: the risk of life insurance, epidemic insurance, accident insurance, and pension insurance.
- Third, further improvements to the Insurance Ombudsman system are necessary: harsher recruitment of more employees, digitisation of complaints procedures, and setting up of mandatory claim settlement timelines.
- Fourth, knowledge gap preventing enrolment and claims should be overcome through focused sensitisation at the community based organisations and Common Service Centres targeting the most vulnerable individuals.
- Fifth, the IRDAI ought to require insurers to report on social impacts.
- Sixth, affordability among the poorest deciles should be improved by increasing the differential premium structures and the co-contribution mechanisms to the states expanded.

## VIII. CONCLUSION

The role of insurance as a social security mechanism holds an even more central role in the social policy of India. The fact that its size is scalable, cheap, and sustainable to a very large and diverse populace does not need further elaboration. The promise of Indian social security via plays of insurance, though, in practice has not been fulfilled completely due to the lack of regulation, lack of implementation, structural exclusion of the most needy and a depth of regional and social inequality in accessibility and uptake.

The constitutional vision of welfare state that is devoted to the economic and social safety of every citizen entails the fact that insurance should not be considered as a financial product but as a public good that needs the maximization of the regulatory and promoting abilities of the state. It is the law and regulatory framework that gives the institutional architecture; what is needed is the political will, administrative capacity and long run public investment to put this framework into lived social security to the most marginalised Indian masses.

The sufficiency and fair distribution of the social protection mechanisms of India will become a very crucial factor to determine the inclusiveness of the development as the country proceeds with its developmental process. Insurance, well regulated, well financed, and fairly administered could be one of the strongest tools in the struggle to enhance social justice and human dignity - values which are at the core of the Indian constitutional order.

## REFERENCES

- [1] Insurance Act, 1938, No. 4, Acts of Parliament, 1938 (India).
- [2] Insurance Regulatory and Development Authority Act, 1999, No. 41, Acts of Parliament, 1999 (India).
- [3] Constitution of India, art. 38.
- [4] Constitution of India, arts. 41–43
- [5] *Paschim Banga Khet Mazdoor Samity v. State of West Bengal*, (1996) 4 SCC 37
- [6] Consumer Protection Act, 2019, No. 35, Acts of Parliament, 2019 (India).
- [7] Code on Social Security, 2020, No. 36, Acts of Parliament, 2020 (India).
- [8] IRDAI (Micro-Insurance) Regulations, 2005, Gazette of India, Insurance Regulatory and Development Authority of India.
- [9] Life Insurance Corporation Act, 1956, No. 31, Acts of Parliament, 1956 (India); General Insurance Business (Nationalisation) Act, 1972, No. 57, Acts of Parliament, 1972 (India).
- [10] Gosta Esping-Andersen, *the Three Worlds of Welfare Capitalism* 26–29 (Princeton University Press 1990).
- [11] International Labour Organization, *World Social Protection Report 2020–22: Social Protection at the Crossroads In Pursuit of a Better Future* 18 (ILO 2021).
- [12] Richard M. Titmuss, *Social Policy: An Introduction* 62–65 (Pantheon Books 1974).
- [13] S. Bhattacharya, *Social Security in India: A Study of the Working of the Employees' State Insurance Scheme* 88 (Academic Foundation 2010).
- [14] C.S. Prasad, 'Social Security and Labour Law in India: Emerging Challenges' (2021) 63(2) *Journal of the Indian Law Institute* 145, 149.
- [15] IRDAI, *Annual Report 2022–23*, at 62–65 (Insurance Regulatory and Development Authority of India, Hyderabad 2023).
- [16] *Consumer Education and Research Centre v. Union of India*, (1995) 3 SCC 42.
- [17] *National Insurance Co. Ltd. v. Swaran Singh*, (2004) 3 SCC 297.
- [18] Ministry of Finance, Government of India, *Annual Report 2022–23 (Insurance Division)* 44 (2023).



- [19] Pradhan Mantri Jeevan Jyoti Bima Yojana, Ministry of Finance, Government of India, Notification No. F.No.16/5/2014-Ins.II (2015).
- [20] Pradhan Mantri Suraksha Bima Yojana, Ministry of Finance, Government of India, Notification No. F.No.16/5/2014-Ins.II (2015).
- [21] Ayushman Bharat Pradhan Mantri Jan Arogya Yojana, National Health Authority, Government of India (2018).
- [22] Atal Pension Yojana, Pension Fund Regulatory and Development Authority, Government of India, Circular No. PFRDA/2015/9/POP/7 (2015).
- [23] World Bank, The State of Social Safety Nets 2022, at 11 (World Bank Group, Washington D.C. 2022).